

Monday		
Class	Time	Instructor
Lap Swim	L 5:00-6:00am	
Masters Swim	C 6:00-7:00am	Pete
Lap Swim	L 7:00-8:15am	
Deep H2O	C 8:15-9:00am	Marla E.
Aqua Zumba	C 9:00-10:00am	Cindy B.
Lap Swim	L 10:00am-1:30pm	
Aqua Light	C 1:30-2:30pm	Kathy C.
Lap Swim	L 2:30-4:15pm	
Swim Team	C 4:15-6:15pm	Dominick
Lap Swim	L 6:15-10:00pm	
Wednesday		
Class	Time	Instructor
Lap Swim	L 5:00-6:00am	
Masters Swim	C 6:00-7:00am	Pete
Lap Swim	L 7:00-8:15am	
Deep H2O	C 8:15-9:00am	Marla E.
Aqua Intervals	C 9:00-10:00am	Marla E.
Lap Swim	L 10:00am-1:30pm	
Aqua Light	C 1:30-2:30pm	Tricia E.
Lap Swim	L 2:30-4:15pm	
Swim Team	C 4:15-6:15pm	Dominick
Lap Swim	L 6:15-10:00pm	
Friday		
Class	Time	Instructor
Lap Swim	L 5:00-6:00am	
Masters Swim	C 6:00-7:00am	Pete
Lap Swim	L 7:00-9:00am	
Aqua Intervals	C 9:00-10:00am	Rachel J.
Lap Swim	L 10:00am-10:00pm	

Tuesday		
Class	Time	Instructor
Lap Swim	L 5:00-8:00am	
Deep H2O	C 8:00-9:00am	Marla E.
Aqua Intervals	C 9:00-10:00am	Gretel B.
Lap Swim	L 10:00am-10:00pm	
Thursday		
Class	Time	Instructor
Lap Swim	L 5:00-8:00am	
Deep H2O	C 8:00-9:00am	Morgan T.
Aqua Intervals	C 9:00-10:00am	Dimitri V.
Lap Swim	L 10:00am-10:00pm	
Saturday		
Class	Time	Instructor
Lap Swim	L 6:00am-9:00am	
Aqua Intervals	C 9:00-10:00am	Adrienne S.
Lap Swim	L 10:00am-9:00pm	
Sunday		
Class	Time	Instructor
Lap Swim	L 6:00am-6:00pm	

C = Pool Closed for Class

L = Lap Swim, Well is available for Swimming/Lessons

***All instructor taught classes are reserved pool time & it is up to the instructor's discretion to share the pool.
*Please be kind in sharing our pool space with lap swimmers, lessons and self-workout routines outside of scheduled class times.**

Updated Jan 2025

